

## Weekly Dinner Ideas



Make Meal Planning Easier With These Ideas on Rotation

Monday



Crockpot

Keep it simple on Mondays by letting your crock-pot do all the work

**Tuesday** 



Mexican

Thaw some ground meat or chicken. Make quesadillas, tacos, enchilladas, tostadas

Wednesday



Whole Chicken

Crockpot a whole chicken, shred and serve with a vegetable and starch.

**Thursday** 



Casserole

Use leftover chicken and mix together in a 9x13 dish cheese, something creamy, veggie

Friday



Noodle

Pasta creation night. Spaghetti, Carbonara, Garlic noodles and capers.

Saturday



Pizza

Make your dough in the morning to be used for dinner that night.

Sunday



Grill

Grill up something and make your own french fries or tator tots, add in a veggie.

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