# SOURDOUGH SOFT TORTILLAS W LARD

### **Ingredients:**

- 1/2 Cup Sourdough Starter
- 1/2 Cup Water
- 1 Teaspoon Salt
- 4 Tablespoons Lard
- 2 Cups Flour

#### MAKES 8



#### **Directions:**

- 1. Using a stand mixer attach the dough hook and add the sourdough starter, water, salt and lard.
- 2. Turn on the mixer and mix for 1 minute. Add the flour and turn on low for 5 minutes until the dough is smooth.
- 3. The dough should come together into a ball and away from the bowl.

## The NEXT Morning:

- 1. Turn out the dough and pat slightly into a circle. Using a bench scraper cut into 8 sections.
- 2. Roll into balls and let rest 30-60 minutes.
- 3. Flatten each ball into a circle to help relax the gluten. If it's bouncing back to quickly you can let rest longer.
- 4. Use a rolling pin or your hands flatten out or roll into a circle.
- 5. After all 8 have been flattened to your desired size heat up your <u>cast iron pan</u> (or skillet) to medium high.
- 6. Place one tortilla at a time and cook for about 2 minutes on each side.
- 7. Place in a towel in order to keep them soft & warm until you are ready to use.

