

OVEN BAKED CHEESY BROCCOLI RICE SKILLET

Ingredients:

- Lard / Butter / Olive Oil
- 1 Onion chopped
- 2 Garlic cloves chopped
- Pinch of red pepper flakes (optional)
- 1.5 cups Bone Broth
- 4 Cups cooked rice
- 2 Cups cheese
- 2 Cups chopped & cooked Broccoli
- Salt & Pepper to taste
- Cooked Bacon (optional)



Directions:

1. Place 2 tablespoons of Lard / Butter / Olive Oil in a skillet and turn on low
2. Place your chopped onion & garlic and saute until translucent
3. Add in a pinch of red pepper flakes for 1 minute to release the scent
4. Slowly add in your broth and cooked rice
5. Mix in ONE cup of cheese and chopped/cooked Broccoli
6. Sprinkle in your salt & pepper
7. Mix well and smooth out - Sprinkle ONE additional cup of cheese on top & chopped/cooked bacon
8. Preheat oven to 350 Degrees F and bake for 20-25 minutes
9. Broil for an additional 2-4 minutes

