

Cooking a Whole Chicken

DELICIOUS- NUTRITIOUS - EASY



DIRECTIONS

1. Place whole chicken which can be frozen or thawed into your large enough crock pot.
2. Pour water into the crockpot at least 2 inches deep.
3. Cover and cook on low for 6-8 hours or until done.

That's it!! Simple as that! If you want to rub spices and then put in the crock pot go for it!

Don't forget to save the bones to make Chicken Bone Broth!

INGREDIENTS

Whole Chicken
(can be frozen)
Large Crockpot
(I use a 10 quart)
Water



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