

# Rendering Lard

SAUTE - MAKE SOAP - PIES



## DIRECTIONS

1. Working with frozen lard is much easier than room temp.
2. Chop lard into 1 to 2 inch cubes
3. Place 1/4 cup of water in your crock pot and place the cubed lard as well.
4. Cook on high for 1 hour and stir every 20 minutes.
5. When the cubed lard has just started to melt and you have liquid covering the cubes, this is your first rendering.
6. Layer cheesecloth over a colander that is over a large metal or glass bowl. You will then either pour or scoop with a heat proof measuring cup and pour over the colander. Once it begins to cool you will then pour that liquid into a wide mouth mason jar that has been cleaned. Mark this as "#1"
7. Meanwhile the remaining lard is melting, and as soon as you get enough liquid again you will follow the same steps and mark this as #2, and keep going until it is all melted. You may get several renderings, which is fine.

## NOTES

Leaf Lard - Pure cleaner lard  
Back Fat - Lard from the back fat of the animal, not as pure

#1 Rendering will be your purest with almost no porky flavor. I've used all renderings in soap before and always cook with whatever I have and find no issues.

After rendering is complete you will be left with "cracklin" you can then take the remaining chunks and place onto a cookie sheet with a rim and bake at 350 for 20 minutes, maybe more. The cracklin's will crisp up once cooled down a bit.

My favorite way to use these is by placing them on a mixed veggie/potato tray that was coated with olive oil & spices and placing in the oven at 400 for approx 30 minutes.

Store in fridge or freezer with lids on after completely cooled

