



Homemade Soap

CREATE A GREAT LATHER WITH LARD SOAP!

DIRECTIONS

1. Weigh the distilled water into a glass jug (half gallon jar is what I use). In a separate beaker, this can be plastic or glass, weigh your Lye crystals.

2. Going outside (for ventilation) combine the water and lye by pouring your Lye into the water and stir. (Do NOT pour water into the Lye, make sure to pour the Lye into the water). This creates a chemical reaction and releases noxious fumes so please take caution and stand back while stirring or please wear a mask. I turn my head and lean away while stirring so I do not breathe in any fumes. Allow to cool to 120 degrees F.

3. Meanwhile while the lye mixture is cooling, place your lard into a stock pot and slowly bring to a melt. Do not allow it to burn so make sure it's a gentle heat.

At this point you can weigh out essential oils if using.

4. When the Lye has reached 120 degrees F you can then pour the Lye mixture into melted Lard slowly.

5. Using your immersion blender you will want to blend the mixture. Do NOT run it on constant, stir it in between bursts of your immersion blender. At this point you may add in the essential oils. Continue with the bursts and stirs for several minutes. Your "soap batter" will become thick and as soon as it's thick enough you'll pour this into the molds.

How to tell if it's ready? You'll want to take your immersion blender and dribble the soap mix on top of the batter in the stock pot and if it leaves a "trace" on top where you can see the squiggly lines this is called the "trace stage". At this point you can pour into the soap mold. If not, keep the bursts and stirs up.

6. Pour your soap into the mold. Cover the top with a lid (I use cardboard that I traced the size of the mold) and place it on top and leave it in a warm area for 24 hours.

7. After 24 hours the soap should be hard enough to remove it from the mold. The soap should still be soft enough to cut into bars with a dedicated kitchen knife or soap cutter.

8. Allow to dry out on your counter uncovered with airflow for approx. 10 days to cure.

INGREDIENTS

2.2 pounds of Lard

4.69 ounces Lye

9.38 oz's distilled water

1.06 oz's Essential Oil of your choice (optional)

SUPPLIES

Lye

Kitchen Scale

Soap Molds

Thermometer

Immersion Blender

Large Stock Pot

Half Gallon Glass Jar

Spoon or Spatula (I use a wooden paint stick that is designated especially for making soap)



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