

Gluten Free Blend

EASY INGREDIENTS- WORKS GREAT



INGREDIENTS

400 grams Millet Flour
300 grams Sweet Rice Flour
(I use brown rice flour)
300 grams potato starch

*Use Organic whenever possible

DIRECTIONS

Measure out using a kitchen scale all ingredients separately and mix together using a whisk and pour into your container of choice with a tight lid.

Whenever I see a recipe for a gluten free flour I use this blend.

Laura's Notes: I've used this in sourdough breads, artisan loafs, banana muffins, other muffins, chocolate chip cookies and has worked out great!



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Recipe from Shauna James Ahern Book- Gluten Free Girl Every Day

Also at this website:

<https://www.seriousseats.com/shauna-james-aherns-all-purpose-gluten-free-flour-mix-recipe>

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