

# OVEN BAKED CHICKEN NUGGETS

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## Ingredients:

- 1 to 2 lbs Chicken Breasts cut into chunks
- 4 Tbsp Olive Oil
- 1 Cup Breadcrumbs
- 4 Tbsp Cheese (any kind)
- Salt & Pepper 1 tsp each



## Directions:

1. Pour 1 Tbsp olive oil on a baking sheet
2. Pour 3 Tbsp olive oil (you may need more depending on qty of chicken) into a bowl
3. Mix breadcrumbs, 1 tsp each of S&P, and cheese together in a separate bowl
4. Dip chicken chunks one by one into olive oil than coat with the breadcrumb mixture, pushing lightly on each side. Place onto prepared baking sheet. TIP: Use one hand for the olive oil/chicken and the other for the bread crumbs to keep your fingers from becoming club fingers all loaded up and wasting the gunk.
5. When all the chicken is done place in a preheated 425 ° F Oven for 15 minutes, then flip over (note: if they do not easily flip they are not ready to flip) bake for approx. another 5 -10 minutes. Please keep watch depending on your oven and how large you cut the chunks.

