

HOMEMADE DIY LOTION BARS

Ingredients:

- 225 grams Shea Butter
- 225 grams Coconut Oil
- 225 grams Beeswax



Directions:

1. Measure out equal amounts of the beeswax, shea butter and coconut oil using your Kitchen Scale.

Laura's Note: If you plan on using my recommended molds to fill up one mold (Creates 8-10 Bars) you will measure out 225 grams of each of the ingredients.

TIP: If you zero out your kitchen scale then add in your first ingredient, zero it out again, add in second ingredient, zero it out again, and add in your remaining ingredient you would not need to place in separate bowls to measure.

2. Using a double boiler (if using a regular pan, place on very low heat and heat slowly) Melt completely, turn off heat and at this point you may wish to add in essential oil. Approx 10 drops (I choose not to use)

3. Pour into molds, the silicone molds work best to be able to pop back out. Let dry and harden 24-28 hours.

4. Wipe out the pot or pan you were using with paper towel to help clean as the beeswax tends to stick.

5. Pop out the next day and slice into your desired size. Think about the size you would typically fit into someone's hand.

How to Store: I simply store the extra in a container with a lid to keep dust out. In the bathroom I place in a ceramic cup or plate.

