CHEESY QUINOA CAKES

Ingredients:

Aioli Sauce

- ½ cup mayonnaise
- 3 garlic cloves chopped
- 1 lemon squeezed for juice (or 2 tablespoons)
- 1/4 teaspoon cayenne pepper (optional)
- salt and pepper to taste

Quinoa Cakes

- 2 cups cooked quinoa
- 1 cup grated cheese (any kind)
- 3 tablespoons all purpose flour
- 1 egg, lightly beaten
- 2 teaspoons freshly ground black pepper
- salt to taste
- To Cook: 2 tablespoons extra virgin olive oil (for each batch)

Directions:

- 1. Mix together the Aioli Sauce and place in the fridge
- 2. Place the remaining ingredients for the "cakes" and mix together well. Let sit for at least 5 minutes, it can go longer to help the cakes be able to stick together.
- 3. In your <u>cast iron pan</u> pour about 2 tablespoons of Olive Oil and turn on heat to medium. Once heated take your ice cream scooper and scoop out 1 scoop at a time and place on the pan. Use the scooper to flatten them out a bit. You could also use a large spoon or your hands.
- 4. Cook for about 5 minutes on each side, make sure they are browned before trying to flip them or they'll get stuck and mess up. Flip and cook on the other side.
- 5. Remove to a plate, cook remaining and devour with the Aioli Sauce!



