



Calendula

Latin -Calendula Officinalis

Family- Asteraceae (Daisy)

Energetics- Slightly cool/Drying

Medicinal Benefits

Salve: Wound, rashes, sunburn, eczema, acne, stings, burns, scrapes, chicken pox, cold sores.

Tincture: Inflammatory gastric problems, anti fungal, wound healer, thrush, candida, yeast, athletes foot
Edible.

Harvest: Flowers

Uses: Tinctures, Teas, Topically

www.foodprood.com

Always do your own research prior to consuming.

